



# FAQ's for COVID-19 Protocols

**Exposure:** Refers to a student or staff member exposed to a person who is a confirmed or presumptive case of COVID-19.

**Becomes ill:** Refer to a student or staff member who becomes ill with COVID-19 symptoms, either after no known contact with a person with COVID-19 or after close contact with a person with COVID-19.

**Primary COVID-19 symptoms:** Persistent cough, temperature of 100.4 F +, chills, shortness of breath, difficulty breathing, new loss of taste or smell.

**Non-primary COVID-19 symptoms:** Fatigue, muscle or body aches, headache, sore throat, nasal congestion or runny nose, nausea or vomiting, diarrhea.

## **As an overall framework:**

People who have COVID-19 should isolate for 10 days after their symptoms started (or, if they have no symptoms, for 10 days after the test date) and 24 hours after any fever has resolved without the use of fever-reducing medicine and other symptoms are improving: follow all instructions from the LPHA (Lane Public Health Authority).

Any person who has been in close contact with a person who has COVID-19 should quarantine at home. Although a 14-day quarantine is the safest option to prevent the spread of COVID-19 to others, the LPHA may recommend shortened quarantine periods in some instances, follow all instructions from the LPHA. If symptoms develop during the quarantine period, the person should isolate and seek testing.

Clarification on Negative test what it means for contact vs no contact with positive or presumptive case. If a student or staff member is showing primary or non-primary symptoms of COVID-19 they should quarantine for 10 days and seek testing. If the student or staff member was **not in any contact** with a positive or presumptive case the student or staff member may return to school following a negative COVID-19 viral test and 24 hours after fever has reduced without the use of fever-reducing medicine and other symptoms are improving. If a student or staff member is showing primary or non-primary symptoms and **was in close contact** with a positive or presumptive case then the student or staff member regardless of a negative COVID-19 viral test will need to quarantine for 14 days and may return to school after the 14 day quarantine period and 24 hours after fever has resolved without the use of fever-reducing medicine and other symptoms are improving.

### **Note: Exceptions to quarantine**

Close contacts for **fully vaccinated** individuals. If a student or staff member is fully vaccinated according to the ACIP schedule (received both doses of a two-dose vaccine or one dose of a single-dose vaccine) and are at least 14 days beyond completion of the vaccine series at the time of their exposure are not required to quarantine. Fully immunized close contacts should still monitor themselves for symptoms of COVID-19 during the 10 days after exposure, and if symptoms develop they should isolate and seek testing.

Close contacts who themselves had a previous confirmed or presumptive COVID-19 case (verified by a positive viral COVID-19 test and/or LPHA) and have completed their isolation are not required to quarantine if the new exposure happened within 90 days of symptom onset or first positive test, whichever is earlier, for their original case. \*Please note a copy of the positive test results needs to be provided to the district.

**\*Note:** The rules and regulations put forth by the state may change in the future. If you are unsure about a scenario or need verification please contact the district office at 541-933-2512

### **Frequently Asked Questions:**

Q: What happens if a student or staff member is exposed to a person with confirmed or presumptive COVID-19 ***within their household*** and is not currently showing symptoms?

A: The student or staff member who was exposed will need to quarantine at home for 14 days, if additional household members become ill with COVID-19, or if the exposed person cannot avoid continued close contact, the total duration of quarantine may need to be longer. Other household members also need to quarantine at home for 14 days starting after household members quarantine.

Q: What happens if a student or staff member is exposed to a person with confirmed or presumptive COVID-19 ***outside of their household*** and is not currently showing symptoms?

A: Quarantine at home for 14 days, if an exposed person develops COVID-19 symptoms during quarantine the quarantine time frame restarts for an additional 14 days. For additional household members who are also students unless household members were also exposed to the person with confirmed COVID-19, they may continue school attendance as long as the exposed person remains healthy.

Q: What happens if a student or staff member becomes ill with primary COVID-19 symptoms and the ill person has ***no known COVID-19 contacts*** in the past 14 days.

A: If the ill person is at school they should be isolated and sent home. The individual should seek COVID-19 testing. If the ill person receives a negative COVID-19 viral test they may return to school 24 hours after symptoms and fever have resolved, without the use of fever reducing medicine, and symptoms are improving. Household members without symptoms may continue school attendance.

Q: What happens if a student or staff member with primary COVID-19 symptoms has a negative COVID-19 viral test and the ill person was ***in close contact*** with someone who had confirmed COVID-19 in the past 10 days?

A: Even though a COVID-19 test was negative, the ill person may be considered a presumptive case because of symptoms and recent close contact; the negative viral test may be a false negative result. Quarantine at home for 14 days since symptoms first appeared **and** until 24 hours after fever is resolved without the use of fever reducing medicine **and** other symptoms are improving. All household members must quarantine at home.

Q: What happens if an ill student or staff member **has not been tested** with a COVID-19 viral test. The ill person has **no known COVID-19 contacts** in the past 10 days?

A: If the ill person has one or more primary COVID-19 symptoms they must be quarantined for 10 days after symptoms first appeared **and** until 24 hours after fever is resolved, without the use of fever reducing medicine, **and** other symptoms are improving. If the ill person has **no primary** COVID-19 symptoms other than fever or chills and a **clear alternative non-respiratory diagnosis identified by a healthcare provider as the cause of the person's illness** then ill person may return to school after 14 day quarantine and fever free for 24 hours without the use of fever-reducing medicine. Note: A healthcare provider note is required for return to school before 14 days, ensuring that the person is no longer contagious.

Q: What happens if a student or staff member tests positive for COVID-19

A: Isolate at home for 10 days after symptoms first appear **and** until 24 hours after fever is resolved, without the use of fever reducing medicine **and** other symptoms are improving. If no COVID-19 symptoms, then isolate at home for 10 days after a positive test.

**Note:** The information provided herein can be found online through the Ready Schools, Safe Learners Resiliency Framework for the 2021-22 School Year. Link: <https://www.oregon.gov/ode/students-and-family/healthsafety/Documents/Ready%20Schools%20Safe%20Learners%20Resiliency%20Framework%20for%20the%202021-22%20School%20Year.pdf>

In addition to the Resiliency Framework other information provided herein can be found through OHA (Oregon Health Authority) and ODE's (Oregon Department of Education) Planning for COVID-19 Scenarios in Schools document. Link: <https://www.oregon.gov/ode/students-and-family/healthsafety/Documents/Planning%20and%20Responding%20to%20COVID-19%20Scenarios%20in%20Schools.pdf>

Lane County Public Health document COVID-19 Daily Symptom Screening for Schools. Link: [https://p1cdn4static.civiclive.com/UserFiles/Servers/Server\\_3585797/File/Government/County%20Departments/Health%20and%20Human%20Services/Public%20Health/Coronavirus/School%20Resources/LCPH\\_Schools\\_COVID\\_Daily\\_Symptoms-v1.pdf](https://p1cdn4static.civiclive.com/UserFiles/Servers/Server_3585797/File/Government/County%20Departments/Health%20and%20Human%20Services/Public%20Health/Coronavirus/School%20Resources/LCPH_Schools_COVID_Daily_Symptoms-v1.pdf)

Lane County Health: What is the difference between Quarantine and Isolation infographic:

[https://p1cdn4static.civiclive.com/UserFiles/Servers/Server\\_3585797/File/Government/County%20Departments/Health%20and%20Human%20Services/Public%20Health/Coronavirus/Isolation Quarantine\\_English%20\(4.2021\).pdf](https://p1cdn4static.civiclive.com/UserFiles/Servers/Server_3585797/File/Government/County%20Departments/Health%20and%20Human%20Services/Public%20Health/Coronavirus/Isolation%20Quarantine_English%20(4.2021).pdf)

\*Lane County Health update: Current guidance requires a 14 day quarantine for all unvaccinated individuals. 7 to 10 day quarantines are not an option due to the high spread in Lane County and Oregon. Link to Lane County Health's announcement:

[https://p1cdn4static.civiclive.com/UserFiles/Servers/Server\\_3585797/File/Government/County%20Departments/Health%20and%20Human%20Services/Public%20Health/Coronavirus/Quarantine%20LC%20FB%204.26.2021%20.png](https://p1cdn4static.civiclive.com/UserFiles/Servers/Server_3585797/File/Government/County%20Departments/Health%20and%20Human%20Services/Public%20Health/Coronavirus/Quarantine%20LC%20FB%204.26.2021%20.png)